



Vermont Association for
**Mental Health &
Addiction Recovery**

Your Story. Your Work.

Every recovery journey shows that change is possible, connection is essential, and **stories have power.**

Listening to people's stories can be supportive in profound ways. **It takes courage to trust the value of your lived experience.** We celebrate recovery coaches and peer professionals building connections and inspiring change in every county of Vermont.



Connect with your local recovery center.
For a list of centers across Vermont visit:
recoveryvermont.org/your-story-your-work

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